

VAISHALI SINGH

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QUALIFICATIONS

3 times UGC-NET qualified	2021, 2022, 2024
Bachelor of Commerce, University of Allahabad	2014 - 2017
Master of Commerce, Indira Gandhi National Open University	2018 - 2020
Schooling, Jyoti Niketan School (ICSE Board)	till 2014

EXPERIENCE

Guest Faculty, Department of Commerce, MSDU (Dec 2023 - Present)

Financial Management, Management Concepts, Organizational Behavior, Managerial Economics, Economic Environment

Organizing Secretary, Workshop on Research Methodology Framework in the light of NEP 2020

Managed end-to-end organization of the workshop, aligning sessions with NEP 2020 objectives and facilitating expert engagement

Co-convener, International Conference on International Yoga Day, 2025

Contributed to organizing and managing a prestigious international event focused on yoga and holistic living

Convener, Meditation Session for Stress Management on International Yoga Day

Conceptualized and led a guided meditation session promoting mental well-being and stress relief among participants

Organizing Secretary, 1 day seminar on Indian Knowledge System (IKS)

Coordinated logistics, speaker invitations, and overall seminar execution to ensure a smooth and impactful event

Organizing Committee member, International Women's Conference

Facilitated planning and implementation for global discussion on women empowerment and leadership

Organizing committee member, National Seminar on "India@2047: Towards a Developed India"

Assisted in planning, coordination, and on-ground management to support the successful delivery of the national seminar

INSTITUTIONAL AFFILIATIONS AND ROLES

Member, Mahila Adhyayan Kendra, Maharaja Suheldev University

Actively contributing to gender studies and women-centric academic initiatives

Member, Cultural Committee, Maharaja Suheldev University

Engaged in organizing and curating cultural and academic programs at the university level

Member, PRO Committee, Maharaja Suheldev University

Supporting the university's public relations efforts, media handling, and institutional branding

Core Volunteer, Governor-Supervised University Programs

Continuously involved in all major events conducted under the leadership of Hon'ble Governor Ma'am.

Book Chapters

Vaishali Singh, Prof. Prashant Kumar Rai (2025). Progressive evolution of Yoga in the context of mental modifications (vrittis), knowledge (gyan), and impressions (sanskars). Yoga: The Science of Self-Realization, Volume 1 The Purple Paper publisher ISBN: 978-93-49836-95-2

RESEARCH PAPER PRESENTATIONS

International conference on women leaders, entrepreneurs and pioneer voices of influence from Global Half
Topic: Shaping Societies, shifting Norms: The Societal impact of women Leaders and Entrepreneurs in Global Transformation

WORKSHOPS ATTENDED

- Participated in the “**Ranking Unnayan–2025**” workshop organized by **UPCRAM** under the guidance of **Raj Bhavan, Uttar Pradesh**
- Attended **Be10x AI Tools and ChatGPT** Workshop focused on practical applications of generative AI in professional and academic workflows

Teaching Philosophy and Methodology

Holistic and Innovative Pedagogy

- Integrate real-life practical examples, spiritual awareness, and inner consciousness into academic delivery, enhancing student involvement and understanding
- Emphasize ground-level realities and value-based learning to connect theory with life, creating a classroom that is both intellectually stimulating and emotionally enriching
- Integrated UGC-NET oriented content delivery within regular classes, ensuring alignment with competitive exam standards and enhancing conceptual clarity for exam readiness

ANCHORING AND CULTURAL CONTRIBUTIONS

- Served as anchor for various national and international conferences, seminars, and expert sessions with effective stage presence and communication skills
- Contributed as a singer to the official university anthem (Kulgeet) of Maharaja Suheldev University
- Conducted mindfulness and stress management sessions for students, integrating meditation techniques for holistic well-being