# **CURRICULUM VITAE**

# **Dr. Parmanand Pandey**

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#### RESEARCH INTERESTS

1. Psychological, Educational & Sociological Issues.

### **EDUCATION**

- 2. Ph.D. in Psychology (2013) SNC P.G. College, Azamgarh (VBS Purvanchal University, Jaunpur, Uttar Pradesh)
- 3. M.A. in Psychology (2006) SNC P.G. College, Azamgarh (VBS Purvanchal University, Jaunpur, Uttar Pradesh)
- 4. B.Sc. (2004) SNC P.G. College, Azamgarh (VBS Purvanchal University, Jaunpur, Uttar Pradesh)
- 5. Intermediate (2001) U.P. Board LMG Inter College, Nariyeon, Azamgarh, U.P.
- 6. High School 1998 CBSE Board Saraswati Shishu Mandir HR Sec. School, Gorakhpur, U.P.

### **ACADEMIC ACHIEVEMENT**

# **Books**

1. Pandey, P. & Parjapati, H. S. (2025). Introduction to Psychology: Understanding Human Behaviour. Red' Shine Sweden ISBN: 978-91-41001-56-5

#### **Publish Paper**

- 1. Personality Types and Assertiveness Perspectives in Psychological Peer Reviewed Journal, Oct. 2010, Vol. 33, (1), Page No. 127-129
- 2. Psychological need and Assertiveness, Deliberative Research, Peer Referred Journal, July Sept. 2015, Vol. 27 (1), Page No. 96-100, ISSN: 0976-1136

- 3. Demographic Variable and Assertiveness, JIGYASA, UGC Approved Journal, Dec. 2017, Volume X(4), Page No. 241-244, ISSN: 0974-7648
- 4. A Study of Anxiety Level among Triable & Non-Tribal Unemployed Youth, UGC Approved Journal, Jan. 2018 Vol. VIII(1), Page No. 86-87, ISSN: 2291-4137
- 5. Achievement Motivation and Civil Services Competitors Unemployment Stress, Printing Area, UGC Approved Journal Jan. 2018, Vol. 1 (37), Page No. 180-183, ISSN: 2394-5303
- 6. Personality Traits and Self Concept Among High and Low Depressive Persons, CSIRS, International Journal of Scientific & Innovative Research Studies, UGC Listed, April 2018, vol. VI (IV), Page No. 172-175, ISSN: 2454-1818, (Online 2347-7660 Print)
- 7. Attitude towards Risk Taking and Assertiveness, Research Analysis & Evaluation Journal, Peer Reviewed Journal, Sept. 2020, ISSN: 0975-3486
- 8. A Study of Assertiveness, depression and anxiety during COVID-19, Printing Area, Peer Reviewed Journal, Oct. 2020, Vol. 5(70), Page No. 3439, ISSN: 2394-5303
- 9. Personality factors as Predictors of Assertive Behaviour. Vidyawarta Peer-Reviewed International Journal, July to Sept. 2021, Issue-39, Vol-03 Page No. 048 ISSN: 2319-9318
- 10. Well-being Among Working Women with Diabetics, International Research Journal of Management Science & Technology, 2021, Issue 10, Vol-12 Page No. 120 ISSN: 2348-9367
- 11. Assertiveness and Mental Health, Printing Area, Peer Reviewed Journal, March 2022, Vol. 2 (87), Page No. 196, ISSN: 2394-5303
- 12. A Factor Analysic Study of Creativity, Risk Taking Behaviour, Intellectual Capacity, and Frustration. Vidyawarta Peer-Reviewed International Journal, Jan to March 2023, Issue-45, Vol-09 Page No. 012 ISSN: 2319-9318
- 13. Personality Traits and Stress, International Journal of Creative Research Thoughts, September 2024, Issue 9, Vol-12 Page No. a606 ISSN: 2320-2882

# **Tools Development**

- Assertiveness Technique

# **Seminar / Conference Presentation**

- 1. 2006 Student's conference on Career Prospects in Psychology, VBS Purvanchal University, Jaunpur.
- 2. Paper titled: "Methods of Studying Assertive Behaviour." presented in a National Seminar held on 20th Dec. 2010, Organised by S.S.P.G. College, Mumkshu Ashram, Shahjahanpur, Sponsored by Ministry of Corporate Affairs New Delhi.
- 3. Paper titled: "Assertiveness Training" presented in International Seminar held on 02-03 March 2014, Organised by SS.P.G. College Shahjahanpur, NAAC<sup>B+</sup> Sponsored by UGC.
- 4. Paper titled: "Assertive Technique" presented in International Seminar held on 16<sup>th</sup> 17<sup>th</sup> Dec. 2017, Organised by S.S.P.G. college Mumukshu Ashram, Shahjahanpur, NAAC<sup>B+</sup> Sponsored by Govt. of India, Ministry of Home Affairs.
- 5. Paper titled: "Achievement Motivation & Civil Services Competitors Unemployment Stress." held at O.P. Jindal global University, Delhi NCR, India from 16<sup>th</sup> 17<sup>th</sup> Jan. 2020, Organized by Jindan Institute of Behavioural Sciences.
- 6. Paper titled: "Differential effect of Senescence on some Personality Traits." presented in National Seminar held on 31st Jan. 2020, Organized by IOAC, Multinomial Modi College Modinagar, Ghaziabad, Sponsored by UGC.
- 7. Paper titled: "Assertiveness and Female Teacher Occupational Stress." presented in National Seminar held on 1<sup>st</sup> to 2<sup>nd</sup> March 2020, Organized by: Dr. Shyama Prasad Mukherjee Govt. Degree College, Bhadohi, Sponsored by Dept. of Higher Education Govt. of U.P. Lucknow.
- 8. Paper titled: "Psychological Effects of Rural to Urban Migration: Stress, Identity & Adaptation." Presented in National Seminar on Urbanization in India: Contemporary Issue and Challenges with Special reference to Viksit Bharat held on 13-14 December 2024 organized by Dept. of Geography, Sahkari P.G. College Mihrawan, Jaunpur U.P.
- 9. Paper titled: "Subhash Chandra Bose's Leadership through the lens of Emotional Intelligence" presented in International Subhash Mahotsav-2025

- held on 21-23 January 2025 at Subhash Bhavan, Azad Hind Marg, Indresh Nagar, Lamahi, Varanasi.
- 10. Paper titled: "The Impact of Assertiveness Training on Women's Self-Esteem and Mental Health" presented in International Conference on Women Leaders, Entrepreneurs, and Pioneers held on 6-8 March 2025 at Maharaja Suhel Dev University, Azamgarh.

# **Workshop Participation**

- 1. One Day workshop "Vikas 2025: Venturing into Industry Knowledge, Apprenticeship and skilling" held on July 4, 2025 organized by UGC at Dr. Ram Manohar Lohia Avadh University, Ayodhya under the guidance of Hon'ble Chancellor & Governor, Uttar Pradesh
- 2. One Day workshop "Ranking उन्नयन 2025" held on March 5, 2025 organized by UPCRAM at Dr. Shankuntala Misra National Rehabilitation University, Lucknow under the guidance of Hon'ble Chancellor & Governor, Uttar Pradesh
- 3. One Week Online Workshop on Data Analytics/Artificial Intelligence held on Dec. 10-16, 2020 organized by UGC-HRD Centre, University of Allahabad
- 4. International workshop on "Family counseling: A Holistic Therapeutic Approach." held on 15<sup>th</sup> Jan. 2020, Organized by International Association of Young Psychologists (IAYP) at O.P. Jindal Global University, Sonipat Haryana, India.
- 5. A National workshop on "Research Design" held on 22<sup>nd</sup> to 28<sup>th</sup> Feb. 2018, Organized by Raja harpal Singh Mahavidyalay Singramau, Jaunpur (U.P.) Sponsored by UGC & State Govt.

### **Orientation Programme**

1. UGC Sponsored, held at UGC - Academic Staff College University of Allahabad, from 10<sup>th</sup> Nov. 2014 to 7<sup>th</sup> Nov. 2014.

#### **Refresher Course**

- 1. Topic: "Research Methodology in Social Science." From 13<sup>th</sup> Jan. 2020 to 13<sup>th</sup> Feb. 2020, UGC Sponsored held at UGC Human Resource Development Centre University of Allahabad.
- 2. Two Week Refresher Course in Psychology TLC Ramanujan College, University of Delhi Held on 12-26 April 2021
- 3. Two Week Refresher Course on Advance Research Methodology TLC

Ramanujan College, University of Delhi Held on 23 Jan. to 06 Feb. 2024

### **Membership**

- International Mamber, American Psychological Association
- **Member,** IQAC and NIRF Cell, Maharaja Suhel Dev University, Azamgarh (03/02/2025 to 30/06/2025)
- **Member,** Admission Cell, Maharaja Suhel Dev University, Azamgarh (03/02/2025 to 30/06/2025)
- **Member,** UGC & AICTE Cell, Maharaja Suhel Dev University, Azamgarh (03/02/2025 to 30/06/2025)

#### Co-Curricular

- Organizing Committee Member, Beti Bachao-Beti Padao
- Convener, 132th birthday Programme of Rahul Sankrityayan
- Chair Technical Session, in International Conference on Women Leaders, Entrepreneurs, and Pioneers held on 6-8 March 2025 at Maharaja Suhel Dev University, Azamgarh.
- Chair Technical Session National Conference on Remote Sensing and GIS
- Jury Mamber, National Science Day 2025

### **Research Guidance**

 A Compreative study among diabetes and non-diabetes persons by Sayed Nasir Sultan (M.A. Psychology)

### **Teaching Experience (Chronological)**

- 1. Assist. Prof. (Contract Teaching), 17<sup>th</sup> Oct. 2015 to 27 Nov. 2023, Sri Ram Surat mahavidyalaya Bhonda, Madiyahu, Jaunpur (U.P.)
- 2. Guest Faculty at Maharaja Suhel Dev State University, Azamgarh (Uttar Pradesh) (07/12/2023 to present)

### Declaration

I, **Parmanand Pandey** hereby declare that all the particulars given in this application form are true and correct to the best of my knowledge. Further, it is certified that no disciplinary / vigilance cases has ever been held or contemplated or is pending against applicant.

Date: (Parmanand Pandey)